Formulation Transcribed from Ancient Unani Text
Key Attributes of TKDL

<table>
<thead>
<tr>
<th>Title of Traditional Knowledge Resource</th>
<th>Knowledge Known Since</th>
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<tr>
<td>Jawarish Zanjbeel</td>
<td>100 years</td>
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**IPC Code:** A61K35/78

**DETAILS OF PROCESS / FORMULATION:**

1. Jawarish Zanjbeel is a therapeutic single / compound formulation consisting of useful parts of following ingredient(s): Zingiber officinale Roscoe (Adrak/Zanjabeel), Acacia arabica Willd. (Aqaqia/Mughilan/Kikar/Babul), Aegle marmelos Correa ex Roxb. (Belgiri/Bael), Cinnamomum cassia, (Nees) Nees ex Ebern. ex Blume (Qirfa/Saleekha/Salikhah/Taj), Curcuma zedoaria (Christm.) Roscoe(Tumiri/Kachchuri/ Kachuri/Zarambad), starch (nishasta), Elettaria cardamomum (Linn.) Maton (HeelKhurd/Qaqilah sagheer), Granular sugar (Qand Safed / Nабат Safaid)

2. Therapeutic composition / formulation is mentioned below:

   1. Zingiber officinale Roscoe (Adrak/Zanjabeel) Rhizome Parched 35g
   2. Acacia arabica Willd. (Aqaqia/Mughilan/Kikar/Babul) Exudate 7.5g
   3. Aegle marmelos Correa ex Roxb. (Belgiri/Bael) Fruit pulp 17.5g
   4. Cinnamomum cassia (Nees) Nees ex Ebern. ex Blume Stem Bark (Qirfa/Saleekha/Salikhah/Taj) 8.75g
   5. Curcuma zedoaria (Christm.) Roscoe (Tumiri/Kachchuri/ Kachuri/Zarambad) Rhizome 3.5 g
   6. Starch (nishasta) Parched 70g
   7. Elettaria cardamomum (Linn.) Maton (Heel Khurd/Qaqilah sagheer) Seed 17.5 g
   8. Granular sugar (Qand Safed / Nабат Safaid) 202.5g

3. Therapeutic composition mentioned above is prepared as JAWARISH: It is a medicinal preparation where single drugs of plant/mineral/animal origin are mixed in powder (coarse powder) or liquid form, in base (Qiwam) made of purified honey/sugar candy /jaggery.

4. A composition as described above is formulated as Semisolid Preparation (Jawaarish)

5. Mode of administration- Oral administration (Istemaal-e Khurdani)

6. The dose of above-mentioned therapeutic composition is 9 gm

7. It is Constipative(Qabiz), and Digestive(Hazim)

**LIST OF DOCUMENTS WITH DATE OF PUBLICATION (PRIOR ART):**

Quarabadeen Azam wa Akmal, Vol. 1 pp 38