USEFUL & SIMPLE KNOWLEDGE FOR EVERYDAY LIVING

Asia/Pacific Cultural Centre for UNESCO (ACCU)
1. When you have trouble pulling up weeds...
In this way, weeds and their roots can be easily plucked out of the ground.
2. If you have no candles
When there is a power failure...
Well, this can be used as an emergency lamp.
3. If the thread will not pass smoothly through the sewing machine...
With this, it's so easy to pass smoothly!
4. To use kitchen fuel more effectively...
Wonderful! If the cooking fire is arranged like this, I can cook 3 things at one time and use less fuel!
No matter what I do, these bricks won't stay in place.

This wall of bricks is wobbling!

5. To lay bricks so that they will set firmly...
If bricks are soaked in water before being laid in place, they will not draw out the water from the mortar. Therefore, the bricks will be fixed more firmly in place.

Now these bricks are firmly setting!
6. What can you do when your child has diarrhea?

Oh! My stomach hurts.
1. Boil one liter of water and allow to cool.
2. Add 2 spoonfuls of sugar.
3. Add a little salt.
4. Add a little soda. (If there is no soda, add more salt.)

You'll soon feel better after you drink this.
Whenever I drink dirty water, I always get sick.

Isn't there any way to clean dirty water?

7. To clean dirty water for drinking...
To clean dirty water:
Filter dirty water through a charcoal filter and it will become very clean. It will be even safer if you boil it before drinking.
It's hard to fill the bucket in this deep well.

8. To draw water easily from a well with a bucket...
Affix lead or some other heavy thing to one side of a bucket on the end of a rope so that the bucket readily tips over inside the well and fills with water.

In this way, the person drawing water need not lean over the well, and water is drawn quickly and safely.
I'm so hot!
I'm burning hot!
Hurry!
Cool me down!

9. When you have to bring down a high fever...
Cut the trunk of a banana tree into pieces with a knife, soak them in water and place them all over the body. It's an effective way to bring down a fever.
There must be much handy information that you learn from experiences right at home.
Let's try to collect interesting and helpful knowledge, not only from our own country but also from other countries of Asia and the Pacific region. Surely we will discover many surprising facts and hints for living from the different countries. Write down any such helpful information in the space below.
Guide for Utilization

Objectives: To improve the circumstances of the daily life using simple and practical knowledge in question and answer style

Target: Middle level neo-literates

Applications:
1) Instructor shows the folder to learners and explains how to solve the problems in everyday life using simple and practical knowledge. Solutions will be given in every next page.
2) Instructor promotes learners to think about useful and practical knowledge by locally available solutions.
3) This folder may be put on a wall of kitchen or dining room and can be used to give the hint of the solutions to the problems.

Note: As contents are given only as reference in daily life, therefore, instructor should explain and promote discussion among learners how to improve the quality of life in different examples by locally available solutions.

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