

The entire village held a festival to celebrate the Chief's health. The Chief gave thanks to the old woman, recognizing the importance of traditional wisdom.

Young villagers continued to learn the traditional ways from her for many years. Her wisdom was passed on for many generations.

THE END



22

I did not know that many common illnesses can be treated with herbs.



Yes. Even if we have access to health clinics, our local wisdom such as herbal medicine is still useful.

23

What herbs in our village are useful, Grandma Rosa?



24

These are some herbs that treat cuts and wounds, common colds, even worm infestation! But remember, if the symptoms and conditions do not improve, or become worse, you should go to a health clinic or hospital.



**For Common Cold**

Five-leaved chaste tree



**For Cough**

Ginger



**For Skin Disease**

Ringworm bush



**For Diarrhea**

Forest tea



**For Cuts and Wounds**

Guava



**For Worm Infestation**

Rangoon creeper



25

What is good for a cough?



Here, ginger will help to cure Ana's cough.

26

I'll lend you another booklet on herbs, Rita. It shows how to make the medicine.



Thank you! I will prepare it when I return home.

One week later, Ana's cough was cured.

27

I want to hear more stories from Grandma Rosa!



Yes, let's go and learn more about herbal plants.

Rita and Ana tried to find more useful herbs in their village with Grandma Rosa.

Knowledge of medicinal herbs is just one of the many types of wisdom that our ancestors had. Let's keep them alive for future generations.

