

## Essential Values Normally Considered Important by Bhutanese

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### 1. Essential Values

The two main essential values which are necessary to be kept in our mind as Bhutanese are:

- (1) Thadamtse Leyjumdrey
- (2) Pride of being a Bhutanese (as well as knowledge, love and commitment to those things that make us distinctly Bhutanese...unique historical and cultural heritage and hereditary monarchy system, rich and varied environment and other essential elements of our nationalism/patriotism, self-discipline, manners, morality, respects and habits for diligence and hard work, etc.)

How well are these values addressed in our schools/institutes?

How can we ensure that these values are appropriately addressed in our schools/institutes, in terms of:

- (1) Context
- (2) Objectives
- (3) Content
- (4) Strategies for teaching-learning
- (5) Evaluation

### 2. Values and School Education

- (1) Values relating to education
  - help to develop a love of learning and knowledge by valuing students' curiosity and promoting logical and critical thinking (by promoting learning by understanding)
- (2) Values relating to self & others
  - help to develop mutual trust, confidence, self discipline and respects by respecting and practicing the traditional value of 'Phadabugi Thadamtse Leyjumdrey'
  - help to recognize their own worth as individuals and development of personal belief and value system
- (3) Values relating to civic responsibilities
  - helped to develop a pride in being Bhutanese in a world community and sharing its unique cultural heritage, realize and appreciate the unique Bhutanese identity as a sovereign nation and develop a commitment to the Buddhist philosophy of non-violence, tolerance, compassion, love and peace which has enabled the Bhutanese to live in harmony and respecting individuals' differences
  - help to promote positive attitude towards lawful and just authority and consequently to the accepted rules and requirements of school as a social institution

(4) Translating the values into curricular practices

- through formal courses
- through personal relationship in the school
- through the total school organization and life

### **3. Objectives of Teaching Values**

To provide a realistic and broad-based understanding of human values and to educate/train students to become responsible/productive citizens in their personal and social lives

To develop and promote among students, values such as truth, humility, honesty, perseverance, cooperation, love, compassion, peace, non-violence, courage, equality, duty, morality, kindness, piety and righteousness, dignity of labor, concerns for others (and small family norm!)

To enable students to understand, appreciate, uphold, protect and promote the sovereign, and integrity of one's own country, unity and protect, preserve and conserve the natural and cultural environment and to make judicious use of natural resources.

To enable students to distinguish between good and bad, right and wrong and acquire intellectual wisdom and disposition to do what is ethically correct and good.

### **4. Reform of Learning**

Four Pillars of Education:

1. Learning to live together
2. Learning to know
3. Learning to do
4. Learning to be

### **CHILDREN LEARN WHAT THEY LIVE**

*By Dorothy Law Nolte*

If a child lives with criticism,  
He learns to condemn.

If a child lives with hostility,  
He learns to fight.

If a child lives with fear,  
He learns to be apprehensive.

If a child lives with pity,  
He learns to feel sorry for himself.

If a child lives with ridicule,  
He learns to be shy.

If a child lives with jealousy,  
He learns what envy is.

If a child lives with shame,  
He learns to feel guilty.

If a child lives with encouragement,  
He learns to be confident.

If a child lives with tolerance,  
He learns to be patient.

If child lives with praise,  
He learns to be appreciative.

If a child lives with acceptance,  
He learns to love.

If a child lives with approval,  
He learns to like himself.

If a child lives with recognition,  
He learns that it is good to have a goal.

**WITH WHAT IS YOUR CHILD LIVING?**