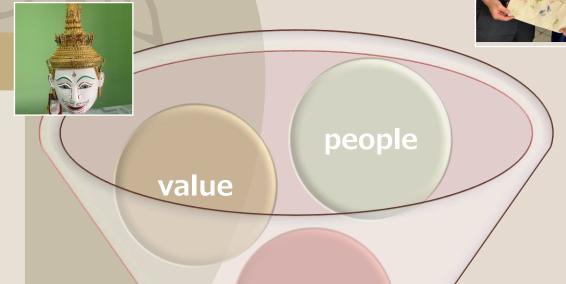
To make learning in Thailand meaningful

Pervasive values

- •Respect for the royal family and Buddhist teaching
- →Photographs and statues of the king were displayed everywhere in the country, even in classrooms. Many Thai people are predominantly Buddhist. I could sense a respect for the royal family and Buddhist teachings in various parts of Thai education.
- Perception of diversity
- →In Japan, it has been several years since diversity began to be recognised. In Thailand, there seems to be a perception that people are born different from each other in the first place.



ideal

Shaping happiness

Various "people"

- Various positions
- → There are many people involved in education. Teachers, children, parents, local people, the state, how all these people interact with each other.
- ·High motivation to learn
- →The possibilities for non-formal education were exciting. There was a good support system for those who had the desire to learn. I felt that many people I met not only in school but also in the town.

My impression

- ·Good aspect of education in Japan
- →I was able to realise the characteristics and good aspects of Japanese education by comparing it with other countries'. It was a week of fulfilment, with a sense of experiencing the essence of cross-cultural understanding.
- About my own happiness
- →I have thought deeply about happiness before, but not always. As I get older, the way I think, perceive and see the world changes, and happiness also changes its form. The transformation of my happiness began during the week.



Importance of common philosophy

The keyword "Happy Learning"

→Teachers/staff in any school continue to think about 'happiness' and actively work on all the happinesses related to: happiness of teachers, happiness of children and happiness of the country and parents. This can relate to wellbeing, which is also helpful in terms of career education.

My Action Plan

For students

- Making key word
- →Looking back, there are class goal, grade goal and school goal in Japan. Incorporate those keywords into the talk. Also, I make students think of keywords on their own and use them in activities in a variety of situations.
- Expanding international perspectives
- →I encourage global awareness and broaden students' perspectives in the commerce course at school.

For teachers

- •Sharing programme information.
- →I share information on the programme and my subsequent activities. I also make opportunities to present the benefits reaped and lessons learned from the programme at staff meetings and assemblies, so that as many teachers as possible can learn about it. I furthermore encourage my colleagues to join me and international activities.
- ·Instilling key words in the work of school
- →I clarify a common philosophy among teachers and staff. As a team, we think and provide the support based on the philosophy.

For myself

- ·Join more training programmes.
- → I explore various perspectives and good points regarding crossing over to several countries. I like to focus on subject research and look strongly from subject perspectives in Japan.
- •Raise awareness and set an example as change maker.
- →By taking the example of Japanese and Thai teachers I met during this programe, I not only participate in various training programmes to see how I can work as changemaker, but also aim for personal growth and the development of my teaching skills.